



CLASS SCHEDULE

(eff. 9-1-2026) Schedule subject to change due to enrollment and coach availability.

	Mon		Tue		Wed		Thurs		Sat	
9:30am			Parent-Child (1-2y) <i>(ends @11:15)</i>		10am: Toddler Gym @TFHCC (2-3y)				Starting 9/19/26	
10:30am			Parent-Child (1-2y) <i>(ends @11:15)</i>		10:45am: Preschool Gym @TFHCC (3-4y)		Parent-Child (1-2y) <i>(ends @11:15)</i>		Preschool Gym (3-4y) <i>(ends @11:15)</i>	
11:30am							Parent-Child (2-3y) <i>(ends @12:15)</i>		TK/ Kinder / BG Gym. (5-6y) <i>(ends @12:20)</i>	
12:30pm									TK/ Kinder / BG Gym. (5-6y) <i>(ends @1:20)</i>	
1:30pm			Preschool Gym (3-4y) <i>(ends @2:15)</i>				Preschool Gym (3-4y) <i>(ends @2:15)</i>			
2:30pm							Preschool Gym (3-4y) <i>(ends @3:15)</i>			
3:40pm	TK Gym (4-5y) <i>(ends @4:30)</i>	Beg. Gym. (6-8y) <i>(ends @4:30)</i>	Kinder Gym. (5-6y) <i>(ends @4:30)</i>	Advanced Girls Gym* <i>(ends @5:30)</i>	TK Gym (4-5y) <i>(ends @4:30)</i>	Kinder Gym. (5-6y) <i>(ends @4:30)</i>	Beg. Gym. (6-8y) <i>(ends @4:30)</i>	OLDER GIRLS Beg. (8+y) <i>(ends @4:30)</i>	^-- BIRTHDAY PARTIES -->	
	Kinder Gym. (5-6y) <i>(ends @4:30)</i>		Beg. Gym. (6-8y) <i>(ends @4:30)</i>	BOYS Beg. Gym (5-7y) <i>(ends 4:30)</i>		BOYS Beg. Gym (5-7y) <i>(ends @4:30)</i>	BG2* (6-8y) <i>(ends @4:30)</i>			
4:10pm	Intermediate Girls Gym* <i>(ends @5:30)</i>						Intermediate Girls Gym* <i>(ends @5:30)</i>			
4:40pm	Pre- Team* <i>(ends @5:40)</i>	Beg. Gym. (6-8y) <i>(ends @5:30)</i>	OLDER GIRLS Beg. (8+y) <i>(ends @5:30)</i>	BG2* (6-8y) <i>(ends @5:30)</i>	TK Gym (4-5y) <i>(ends @5:30)</i>	Beg. Gym. (6-8y) <i>(ends @5:30)</i>	Pre- Team* <i>(ends @5:40)</i>	TK Gym (4-5y) <i>(ends @5:30)</i>		
		BG2* (6-8y) <i>(ends @5:30)</i>		Intermediate Girls Gym* <i>(ends @6:00)</i>	Kinder Gym (5-6y) <i>(ends @5:30)</i>	Intermediate Rec Girls* <i>(ends @6:00)</i>		Kinder Gym (5-6y) <i>(ends @5:30)</i>		
5:30pm	TEAM*: XCEL SILVER, Silver + <i>(5:30-7:30)</i> GOLD, PLATINUM <i>(5:30-8:30)</i>		TEAM*: XCEL BRONZE <i>(5:30-7:30)</i>		TEAM*: XCEL SILVER, Silver + <i>(5:30-7:30)</i> GOLD, PLATINUM <i>(5:30-8:30)</i>		TEAM*: XCEL BRONZE, Silver + <i>(5:30-7:30)</i> GOLD, PLATINUM <i>(5:30-8:30)</i>			

*Coach evaluation & permission required: BG2, Conditioning class, Intermediate, Advanced, Pre-Team, Team (Xcel)
back pg. tuition + description





CLASS:	DESCRIPTION:
Parent-Child Class	Coed, ages 1-3, parent participation required; 45 min class \$140/month –Drop-ins allowed \$40 (space permitting). See also Classes @TFHCC
Preschool	Coed, ages 3-4; 45 min class. \$155/month. <i>See also classes @ TFHCC</i>
TK Gym	Coed, ages 4-5; 50 min class \$170/month; 1x/wk
Kinder Gym	Coed, ages 5-6; 50 min class \$170/month; 50 min. 1x/wk.
Beginner Gymnastics	Coed, ages 6-7. 50 min. class 1x/wk. \$170/month; <i>see also Boys classes</i>
Beginner Gymnastics 2*	Coed, ages 7+. 50 min. 1x/wk. \$170/month; *Coach evaluation*
<u>GIRLS: OLDER Beg Gymnastics</u>	GIRLS 8+ year olds. 50 min. 1x/wk. \$170/month
Intermediate Rec Girls*	GIRLS*. 1hr.+20 min. 1x/wk. \$235 /month; *Coach evaluation required*
Advanced Rec Girls*	GIRLS*. 1hr.+50 min. 1x/wk. \$285 /month; *Coach evaluation required*
<u>BOYS: Beg Gymnastics</u>	BOYS ages 5-7, 50 min. class, \$170/month
<u>BOYS: OLDER/ Intermediate</u>	BOYS ages 8-12, 50 min. 1x/wk. \$170/month
Gymnastics Conditioning Class	Coed, Ages 12+, 45min 1x/wk, \$155/month
Pre-Team* = <u>Development Team</u>	GIRLS* ages 5-7 year olds. 1 hr. 2x per wk. mandatory \$305/ month; *Coach evaluation & invitation required* *leads to a competitive track* Year-long commitment.
XCEL BRONZE TEAM* = <u>COMPETITIVE TEAM USAG XCEL*</u>	GIRLS 6+ yrs. old*. 4 hrs./wk. (2 hr. practice, 2x/wk.) MANDATORY \$410/ /month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
XCEL SILVER TEAM* = <u>COMPETITIVE TEAM USAG XCEL*</u>	GIRLS*. 4 hrs./wk. (2 hr. practice, 2x/wk.) MANDATORY \$410/ /month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
XCEL SILVER PLUS TEAM* = <u>COMPETITIVE TEAM USAG XCEL*</u>	GIRLS*. 6 hrs./wk. (2 hr. practice, 3x/wk.) MANDATORY \$545/ month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
XCEL GOLD / PLATINUM / DIAMOND TEAM* = <u>COMPETITIVE TEAM USAG XCEL*</u>	GIRLS*. 9 hrs./wk. (3 hr. practices 3x/wk.) MANDATORY \$695/ month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
<u>TFHCC = gymnastics @ TFHCC (for TFHCC enrolled students only)</u>	2-4 year olds (Co-ed). 45 min. \$155/month. Must be currently enrolled in Tahoe Forest Hospital Children's Center preschool to attend this gymnastics class.

Coach evaluation required This weekly class schedule runs year-round (check website for current schedule/changes).

ANNUAL REGISTRATION FEE: \$59 first student; \$28 second student; n/c third+ students (max total \$87/family). Paid annually on your anniversary month. This fee covers the additional administrative time associated with our unlimited make-up policy, manager evaluations throughout the year.

TUITION: Auto-charged MONTHLY on the 25th of each month for next month's classes. Children are continuously enrolled until 30-days written notice is received to stop enrollment. Tuition is a flat monthly charge. Holidays & # of classes per month variables have been factored into the monthly fee. If there are 5 classes in a month, we do not increase tuition and if 3 classes in a month we do not reduce. Proration applied when enrollment changes mid-month (start/stop). Tuition is subject to change and is typically increased annually in September.

Holidays: gym is closed: Memorial Day, July 4th, Labor Day, Thanksgiving Day, Christmas Eve, Christmas Day, New Years Eve & New Years Day. TFHCC may have additional holidays see website calendar for details.

Make-ups: Absences are tracked and may be used while actively enrolled. Must be scheduled at least 24 hours in advance and no more than 2 weeks in advance. Max. 2 make-up dates may be reserved at any time. Make-ups scheduled, then no-show, are considered used & deducted from make-ups available. Make-ups are not guaranteed (based on staff & space available). Schedule ahead through the parent portal to ensure your spot.

Ending Enrollment: 30 days written notice is required when dropping any class. Upon receipt of 30-days notice, Truckee Gymnastics will charge your account for the pro-rated tuition into the following month as determined by 30 calendar days. We are unable to 'pause' enrollment for any length of time. Any accrued make-ups must be used within these 30 days.