



CLASS SCHEDULE

(eff. 12-1-2023) Schedule subject to change due to enrollment and coach availability.

	Mon	Tue	Wed	Thurs	Fri	Sat
10:00am	Toddler Gym @TFHCC (2-3y)					
10:30am	Preschool Gym @TFHCC (3-4y)	Parent-Child (1-2y) (ends @11:15) (on hold)		Parent-Child (1-2y) (ends @11:15)		<-- BIRTHDAY PARTIES 11:00 am
11:30am	Preschool Gym @TFHCC (4-5y)	Parent-Child (1-2y) (ends @12:15)		Parent-Child (1-2y) (ends @12:15) (on hold)		
12:30pm						
1:30pm		Preschool Gym (3-4y) (ends @2:15)		Preschool Gym (3-4y) (ends @2:15)		
2:30pm		Preschool Gym (3-4y) (ends @3:15)		Preschool Gym (3-4y) (ends @3:15)		
3:40pm	Kinder Gym (5+y) (ends @4:30)	Beg. Gym. (6+y) (ends @4:30)	Kinder Gym. (5+y) (ends @4:30)	Beg. Gym. (6+y) (ends @4:30)	OLDER GIRLS Beg. (8+y) (ends @4:30)	
4:10pm	Intermediate/Advanced* Rec Girls (ends @5:30)	Intermediate/Advanced* Rec Girls (ends @5:30)				
4:40pm	Pre-Team* (ends @5:40)	Beg. Gym. (6+y) (ends @5:30) BG2* (6+y) (ends @5:30)	OLDER GIRLS Beg. (8+y)	BG2* 6+ (ends @5:30)	Kinder Gym (5+y) (ends @5:30) Beg. Gym. (6+y) (ends @5:30)	Intermediate/Advanced* Rec Girls (ends @6:00pm)
5:40pm	TEAM*: XCEL BRONZE, SILVER (5:30-7:30) XCEL GOLD, PLATINUM (5:30-8:30)	BOYS Beg. Gym (5-7y) (ends @6:30)	T&T TRAMP & TUMBLING (8-16y) (ends @6:30)	TEAM*: GOLD, PLATINUM (5:30-8:00)	TEAM*: XCEL BRONZE, SILVER (5:30-7:30) GOLD, PLATINUM (5:30-8:30)	

*Coach evaluation & permission required: BG2, Intermediate, Advanced, Pre-Team, Team (Xcel) back pg. tuition + description →



CLASS:	DESCRIPTION:
Parent-Child Class	Coed, ages 1-2, parent participation required; 45 min class \$146.83/month; see also @ TFHCC Mon am
Preschool	Coed, ages 3-4; 45 min class. \$146.83/month. see also classes @ TFHCC Mon am
Kinder Gym	Coed, ages 5-6; 50 min class \$159.32/month; 2 nd class/wk. \$143.39/month. 50 min. 1x/wk.
Beginner Gymnastics	Coed, ages 5-6. 50 min. class 1x/wk. \$159.32/month; 2 nd class/wk. \$143.39/month. see also Boys classes
Beginner Gymnastics 2*	Coed, ages 7+. 50 min. 1x/wk. \$159.32/month; 2 nd class/wk. \$143.39/month. *Coach evaluation*
GIRLS: OLDER Beg Gymnastics	GIRLS 8+ year olds. 50 min. 1x/wk. \$159.32/month; 2 nd class/wk. \$143.39/month. see also-Tramp & Tumbling
Intermediate/ Advanced Rec Girls*	GIRLS*. 1hr.+20 min. 1x/wk. \$219.26/month; 2 nd class/wk. (recommended) \$197.33/month. *Coach evaluation required*
BOYS: Beg Gymnastics	BOYS ages 5-7, 50 min. class, \$159.32/month
BOYS: OLDER/ Intermediate	BOYS ages 8+, 50 min. 1x/wk. \$159.32/month; 2 nd class/wk. \$143.39/month; see also-Tramp & Tumbling
Trampoline & Tumbling = T&T	Coed, ages 8+. 50 min. \$159.32/month; Prerequisites: fwd. rolls (somersaults) +cartwheel basics.
Pre-Team* = Development Team	GIRLS* ages 5 & 6 year olds. 1 hr. 2x per wk. mandatory \$289.23/month; *Coach evaluation & invitation required* *leads to a competitive track* Year-long commitment.
XCEL BRONZE TEAM* = COMPETITIVE TEAM USAG XCEL*	GIRLS 6+ yrs. old*. 4 hrs./wk. (2 hr. practice, 2x/wk.) MANDATORY \$374.11/month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
XCEL SILVER TEAM* = COMPETITIVE TEAM USAG XCEL*	GIRLS*. 4 hrs./wk. (2 hr. practice, 2x/wk.) MANDATORY \$374.11/month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
XCEL GOLD / PLATINUM / DIAMOND TEAM* = COMPETITIVE TEAM USAG XCEL*	GIRLS*. 8 hrs./wk. (2.5 - 3 hr. practices 3x/wk.) MANDATORY \$657.26/month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
TFHCC = gymnastics @ TFHCC (for TFHCC enrolled students only)	2-5 year olds (Co-ed), 30-45 min. \$146.83/month MON-10:00a (2 yrs), MON-10:35a (3 yrs), MON-11:25a (4-5 yrs.). Must be currently enrolled in Tahoe Forest Hospital Children's Center preschool to attend this gymnastics class.

Coach evaluation required This weekly class schedule runs year-round (check website for current schedule/changes). Summer camps, private lessons, parties & apparel available. See [website](#).

REGISTRATION FEE SEPT 2023 thru AUG 2024 \$59 first student; \$28 second student; n/c third+ students (max total \$87/family). Paid annually August 25th

TUITION auto-charged MONTHLY on the 25th of the month for next month's classes. 30-days written notice required to stop enrollment. Tuition is a flat monthly charge. Holidays & # of classes per month variables have been factored into the monthly fee. If there are 5 classes in a month, we do not increase tuition and if 3 classes in a month we do not reduce. Proration applied when enrollment changes mid-month (start/stop). Drop-ins +\$8 (space permitting). Tuition is subject to change and is typically changed annually.

Holidays: gym is closed: New Years Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. TFHCC may have additional holidays see website calendar for details.

Make-ups: Absences are tracked and may be used while actively enrolled. Max. 2 make-up dates reserved at any time. Make-ups scheduled, then no-show, are considered used & deducted from make-ups available (call/email ahead if you can't make it, otherwise you lose it). Make-ups are not guaranteed (based on staff & space available). Schedule ahead to ensure your spot. Make Ups only expire when enrollment stops.

- **REC:** rec make-ups never expire during enrollment (when enrollment stops, all saved make ups are forfeited).
- **TEAM:** Team make up practices are scheduled separately throughout the year. Typically once every other month.