



Rules and Regulations

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The following Rules and Regulations are designed to help ensure that you and your child(ren) have a safe and enjoyable experience at Truckee Gymnastics, Tahoe Gymnastics and My Playground, hereinafter referred to as 'Truckee Gymnastics'. Please read thoroughly, sign and return along with the Liability Agreement.

NAME OF STUDENT(S):

1. Have fun!
2. I understand these documents and the entire agreement apply to me and all my children including those who may enroll in the future.
3. I understand that my child(ren) should participate barefoot for safety and to maximize their gross motor development. Socks are OK for adults. No shoes of any kind are permitted in the gym.
4. No food or drink (except water in a sealed, leak-proof container) allowed in the gym.
5. Although I understand that TG has attempted to create an injury free play area for me and my child(ren), a child needs constant attention and I agree to be either personally responsible for providing that attention, or appoint another caregiver to provide that attention.
6. I understand that TG may compile and use photographs and/or videos of my child(ren) and me. I consent to such use and hereby waive all rights to compensation.
7. Do not bring your child(ren) if they or you are sick or injured.
8. I understand that I will not allow siblings or other children under my care who are not enrolled in a class to participate in that class, and that I am responsible for ensuring they wait quietly and not disrupt, participate or in any way create an unwelcome or unsafe environment at TG.
9. I understand that if I designate a caregiver to be with my child, that the caregiver will be required to sign a similar release and waiver before either they or my child may be allowed to participate in class.
10. I understand that TG will not be held responsible for lost, damaged or stolen property.
11. I understand that if I or my child(ren) damages any equipment or property while at TG or TFHCC that I will be responsible for paying any necessary repair or replacement costs.
12. We cannot refund fees if you or your child is absent as these payments hold your space at TG.
13. Make-up classes never expire as long as you or your child is fully enrolled in the program. Make-up classes expire only if enrollment ends or if you are a no-show for your scheduled make-up and did not cancel via email 1 hour prior.
14. I understand that proper attire is required in class for comfort and safety reasons. Your child should wear comfortable, easy to move in clothing that is not restrictive, heavy or bulky. Leotard required for girls levels 1+, shorts & t-shirt for boys. Avoid nylon apparel (slippery).
 - Bare feet and legs (no socks or tights).
 - NO: jewelry, gum, jeans, skirts/dresses, exposed buttons, zippers, electronics. No loose clothing or loose anything.
 - HAIR: pulled back off of face; secure ponytails close to the neck (allows child to roll comfortably on floor) not high up on head. Remember your child will roll & tumble on mats & floor...avoid bulky hair clips or decorations that may cause discomfort during tumbling.
 - Ninja Dress Code: Ninja Kids Uniform required. T-shirt & level wristbands red, blue or black (see published price +tax; apparel charged to your account at time of registration). Any comfortable black shorts or easy to move in pants (no jeans, zippers, buttons).
15. I agree to pay for all hair ties (ponytails) and tape (for bars) my child needs or takes for practice. These are 1x use items no returns. Charges will be posted to your account.
16. Students must remain inside the gym for their ride home. No waiting outside. For their safety, please do not have your child wait outside for you. Instead, please take the time to come in to get your child.
17. TG is not responsible for students left at the gym unattended.
18. A \$1/minute babysitting fee will be charged to your account when your gymnast is not picked-up at class end and the late pick-up requires a coach or staff to stay overtime to watch the gymnast. You are responsible for knowing the class end-time (see schedule online).



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ABSENCES & MAKE-UPS

19. MAKE-UPS: Space & class permitting, you may also make-up a missed class any time as long as you are enrolled in a class. Make-up classes are a courtesy and not guaranteed. Some classes do not have an appropriate make-up option. Make-up classes must be scheduled ahead with the gym to make sure there is sufficient room in class. Make-up classes never expire as long as your child is fully enrolled in the program. Make-up classes expire only if enrollment ends. Make-up classes are not transferable to another child, including siblings. If you do not show up for your scheduled make-up and did not email your cancellation at least 1-hour in advance to info@truckeegymnastics.com, that make-up is considered used and expires. Make-ups may be used, without charge, for classes of equal or less cost only. Any missed class corresponds to 1 make-up class only (no fractional make-ups). If a make-up is used in a class with higher cost, the family will be charged the tuition difference.

20. SUBS: You may give another student of appropriate age and skill level your spot temporarily on a day that you cannot attend class (a "substitute"). That child's parent or caregiver must sign a liability waiver and Rules and Regulations sheet prior to attending class; they will not be allowed to participate without signing these documents. Please make your own arrangements for a substitute and then notify TG at least 24 hours in advance of the class, either via phone or email, of the name of your substitute.

21. HOLIDAYS & GYM CLOSURE: Gym is closed on these major holidays: New Years Day, Memorial Day, 4th of July, Labor Day, Thanksgiving Day, Friday after Thanksgiving and Christmas Day. NOTE: Minor holidays like President's Day and Columbus Day: yes we DO hold classes on those days. Let us know if you have questions about a particular holiday. Weekly classes run year-round. Exceptions: Competitive Team and pre-team is a year-long annual commitment. Tuition is a flat monthly charge. Holidays & # of classes per month variables have been factored into the amount. If 5 classes in a month, we do not increase tuition and if 3 classes in a month we do not reduce.

22. WEATHER/SNOW: Even if schools have cancelled class due to weather/snow, we will make every effort to have class on those days, just as most businesses do in Truckee. If the gym closes due to weather, your child will receive a make-up class which follows all of our normal make-up policies. If you are wondering whether your class has been cancelled due to weather, please 1) check our website 2) check our Facebook page 3) call 587-7404 and a recorded message or notice will specifically say "classes are cancelled"; otherwise we'll see you in class!

PAYMENT POLICIES

23. I agree to provide a valid checking account or credit card information on file for automatic payment.

24. Tuition is auto-charged MONTHLY on/near the 25th of the month for next month. Tuition is a flat monthly charge. Holidays and number of classes per month variables have been factored into the amount. If 5 classes in a month, we do not increase tuition and if 3 classes in a month we do not reduce. Proration applied when enrollment changes mid-month (start/stop). Drop-ins +\$5 (space permitting).

25. I understand that monthly tuition is due the 25th of the month prior, regardless of whether or not we are able to attend, for that month and if I am late, including checks returned unpaid, that I will be charged a \$25 late fee and may forfeit my spot in class to someone else waiting to enroll. Fees may be postmarked by the due date to avoid late fees. Tuition is considered 'on time' if post-marked by the due date.

26. I agree to pay monthly tuition by the 25th of the month prior to enrollment and understand if it is not paid, TG will initiate electronic payment for my balance due onto my checking account or credit card which I am required by TG to have on file. I further understand that if tuition is not paid by the 25th of the month prior, I and/or my child(ren) will be listed as inactive, will be un-enrolled, and the spot(s) will be released to students waiting to enroll. I understand that TG does not bill me for tuition nor wait for payment. It is my responsibility to have funds available in my account to pay my family balance via auto-pay. I understand that I and/or my child(ren) are continuously enrolled in class and will incur tuition charges on my account every month until I inform TG, in writing, 30-days in advance of my child's last class. Upon receipt of 30-days notice, Truckee Gymnastics will charge your account the pro-rated tuition into the following month as determined by 30 calendar days.

27. Cost increases are usually but not always implemented annually September 1. Team costs are usually but not always implemented annually May 1.

28. All registrations are first come first serve. The online registration process is not a guaranteed spot in class until TG receives payment and you are confirmed.

29. We cannot refund fees if you or your child is absent as these payments hold your space at TG.

30. I agree to pay a \$35 fee for any check that is returned unpaid by my bank or financial institution.



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31. I agree to provide written notice 30-days in advance of the last class we plan to attend if I wish to withdraw from TG.
32. I agree to pay the annual registration fee currently published (for example in 2016: \$40 for one student or \$60 for my family) each year. This fee will be paid upon enrollment during the current season (August through July) and is not prorated. The registration fee does not apply to special events.
33. I agree to pay \$20 for any valid credit card charge that I dispute with my credit card company. I further understand that if my credit card is declined there will be a \$10 declined fee charged.
34. I understand that all refunds will be subject to a \$25.00 fee.

PAYMENT OPTIONS

1. Cash.
2. Personal check. Please make your checks payable to 'Truckee Gymnastics'. Please note the student's name, the program, class day and the time on the memo portion of your check. A \$35 NSF fee will be charged for all Non-Sufficient Funds.
* Drop off at gym, in after-hours mail slot to the right of entry door, or mail to: Truckee Gymnastics 11410 Deerfield Drive, Bldg. A-1, Truckee, CA 96161.
3. Electronic Check
4. VISA/ MASTERCARD/DISCOVER. I agree to pay \$20 for any valid credit card charge that I dispute with my credit card company. I further understand that if my credit card is declined there will be a \$10.00 decline fee charged. Electronic Checks and Credit Card payments may be initiated online through your personal portal account on our website www.truckeegymnastics.com

FOR TFH Childrens Center students ONLY - Rules & Regulations

1. I wish to enroll my child(ren) in Truckee Gymnastics classes at Tahoe Forest Hospital Children's Center (TFHCC).
2. I understand all sections of this entire set of documentation, both above and below this section that I have agreed to, also apply to my child(ren) enrolled in gymnastics at TFHCC.
3. YOUR CHILD'S GYMNASTICS CLASS START TIME @ TFHCC: It's best to have your child arrive at the Children's Center by 9:00am on Tuesdays (9:30am latest). On occasion, we may move your child's start time earlier, whenever lower attendance that day warrants it (except 9:00am students; this class will always be the first class of the day, never earlier). Student absences due to illness, weather conditions and vacations sometimes require consolidation in order to balance class sizes appropriately. Your child may be moved to a class that best matches their skills with other children in that class. Children learn best by watching their friends and experiencing hints & corrections given to the entire class & individuals. If the class is too small these benefits are lost.

Please list name and phone number of an Emergency Contact: _____
I have read, fully understand and agree to comply with these Rules and Regulations.

Signature

Date

Relationship to Child(ren)

TruckeeGymnastics.com



(530) 587-7404

Mail to: Truckee Gymnastics, 11410 Deerfield Dr., Bldg. A-1, Truckee, CA 96161