



## CLASS SCHEDULE

(eff. 12-5-17) Schedule subject to change; See [website](http://truckeegymnastics.com/about-us/forms-flyers/) for current schedule <http://truckeegymnastics.com/about-us/forms-flyers/>

	Mon	Tue	Wed	Thurs	Fri	Sat	Sun			
8:30am					Toddler <b>ONE</b> sies (1y)					
9:00am		9:00@TFHCC (2-3y)								
9:30am	Toddler <b>ONE</b> sies (1y)	9:35@TFHCC (3-4y)			Toddler <b>TWO</b> sies (2y)	Preschool Gym (3-4y)				
10:30am	Toddler <b>TWO</b> sies (2y)	10:25@TFHCC (4-5y)		Preschool Gym (3-4y)	Preschool Gym (3-4y)					
10:45am						Ninja Gym Beg. (5-7y)				
11:30am	Preschool Gym (3-4y)			Preschool Gym (3-4y)	Preschool Gym (3-4y)					
11:45am						Ninja Gym Beg. (8-10y)				
12:00pm			ADULT FIT-NASTICS GYM (16y+ co-ed) Jan. 3 – Feb. 7, 2018							
12:30pm	Preschool Gym (3-4y)									
2:30pm			Development Team (Pistols)*		Development Team (Pistols)*					
3:00pm							TEAM PRACTICE: XCEL SILVER; GOLD; PLATINUM; DIAMOND*			
3:30pm	Kinder Gym (5+y)	Pre-Team (Hot Shots)*	Beg. Gym. (6+y)	JO L2-3 TEAM*	Kinder Gym (5+y)	Pre-Team (Hot Shots)*	Beg. Gym. (6+y)	JO L2-3 TEAM*	Ninja Gym Beg. (5-7y)	^ BIRTHDAY PARTIES 3:30 pm →
3:45pm	YOUNG BOYS Beg. YBB (5+y)	Kinder Gym (5+y)	YOUNG BOYS Beg. YBB (5+y)				Beg. Gym. (6+y)			
4:00pm	Beg. Gym. (6+y)	Intermediate Rec Girls*	Advanced Rec Girls*		Intermediate Rec Girls*	Advanced Rec Girls*				
4:30pm	Kinder Gym (5+y)	Beg. Gym. (6+y)	XCEL BRONZE TEAM*	Beg. Gym. (6+y)	OLDER GIRLS Beg. (8+y)	XCEL BRONZE TEAM*	XCEL GOLD/PLATINUM/DIAMOND TEAM*			
4:45pm	OLDER BOYS Beg. OBB (8+y)		OLDER BOYS Beg. OBB (8+y)				OLDER GIRLS Beg. (8+y)			
5:00pm	XCEL GOLD/PLATINUM/DIAMOND TEAM*		XCEL GOLD/PLATINUM/DIAMOND TEAM*							
5:30pm	OLDER GIRLS Beg. (8+y)	OLDER GIRLS Beg. (8+y)	Beg. Gym. (6+y)	OLDER GIRLS Beg. (8+y)						
5:45pm		XCEL SILVER TEAM*	BOYS Advanced Pre-Team (8+y)	XCEL SILVER TEAM*						
6:30pm		TRAMPOLINE & TUMBLING TnT (teens 13-17 yrs.)	TRAMPOLINE & TUMBLING TnT (8-12 yrs.)							

**\*Coach evaluation & permission required: Advanced Boys, Intermediate Girls, Advanced Girls, Team (JO, Xcel)**

Classes require a min. # of enrolled students to run. Check ahead for availability.

**back pg. tuition + description** →

**Please reserve your spot ahead of time...many classes fill up**



CLASS:	DESCRIPTION:
Toddler <b>ONE</b> sies (Parent/Child Class)	1-year olds. 50 min. \$77.42/month 2 classes: M-9:30a; F-8:30a; see also @ TFHCC Tues am
Toddler <b>TWO</b> sies (Parent/Child Class)	2-year olds. 50 min. \$77.42/month 2 classes: M-10:30a; F-9:30a; see also @ TFHCC Tues am
<b>PRESCHOOL = Preschool intro Gymnastics</b>	3-4-year olds. 50 min. \$95.63/month 6 classes: M-11:30a; M-12:30p; TH-10:30a; TH-11:30a; F-10:30am; SAT-9:30a; see also classes @ TFHCC Tues am
<b>Ninja Kids = mix of martial arts discipline, gymnastics &amp; freestyle movement obstacle course</b>	Reg., Adv. Beg. (Co-ed) 5-10-year olds. 55 min. \$114.68/month; 2 <sup>nd</sup> class/wk. \$103.21/month. 3 classes: F-3:30p (Beg. 5-7yo); SAT-10:45a (Beg. 5-7yo); SAT-11:45a (Beg. 8-10yo). Ninja Dress Code (ages 5+): Ninja Kids t-shirt & level wristbands red, blue or black (\$29.95 + tax apparel charged to your account at time of registration). Any comfortable black shorts or easy to move in pants (no jeans, zippers, buttons).
<b>Kinder Gym</b>	5+ year olds (Co-ed). 55 min. 1x/wk. \$114.68/month; 2 <sup>nd</sup> class/wk. \$103.21/month. 4 classes: M-3:30p; M-4:30p; T-3:45; W-3:30p; see also boys classes, and Ninja Kids classes
<b>Beginning Gymnastics (younger beginner level)</b>	6+ year olds (Co-ed). 55 min. 1x/wk. \$114.68/month; 2 <sup>nd</sup> class/wk. \$103.21/month. 7 classes: M-4:00p; M-4:30p; T-3:30p; W-4:30p, W-5:30p; TH-3:30p; F-3:45p; see also Boys, Ninja, Older Girls classes
<b>GIRLS OLDER Beginner Gymnastics</b>	GIRLS 8+ year olds. 55 min. 1x/wk. \$114.68/month; 2 <sup>nd</sup> class/wk. \$103.21/month. 5 classes: M-5:30p, T-5:30p, W-4:30p; TH-5:30p; F-4:45p; see also Tramp & Tumbling W-6:30p
<b>BOYS Beginner &amp; *Advanced Pre-Team*</b>	BOYS. 5 classes (4 beginner + 1 Advanced pre-team). BEGINNER: 55 min. \$114.68/month; 2 <sup>nd</sup> class/wk. \$103.21/month. 4 Beginner classes: BEGINNER YOUNG (5+yrs.) M-3:45p; W-3:45p; BEINNGER OLDER (8+y) M-4:45; W-4:45p. See also Ninja Kids classes ADVANCED Pre-Team (8-12 yrs.): 1hr.+25min. \$159.40/month. 1 Advanced class: W-5:45p. See also Ninja Kids classes.
<b>TRAMPOLINE &amp; TUMBLING = TnT</b>	8-17 years old (Co-ed). 55 min. \$114.68/month; 2 <sup>nd</sup> class/wk. \$103.21/month. 2 classes avail.: Teens age 13+ T-6:30p; ages 8-12 W-6:30. Prerequisites: fwd. rolls (somersaults) + cartwheel basics. Structured (not open gym) learning environment.
<b>Intermediate Rec Girls*</b>	GIRLS*. 1hr.+25 min. 1x/wk. \$159.40/month; 2 <sup>nd</sup> class/wk. (recommended) \$143.46/month. 2 classes available: T-4:00p; TH-4:00p *Coach evaluation required*
<b>Advanced Rec Girls*</b>	GIRLS*. 1 hr.+25 min. 1x/wk. \$159.40/month; 2 <sup>nd</sup> class/wk. (recommended) \$143.46/month. 2 classes available: T-4:00p; TH-4:00p *Coach evaluation required*
<b>Development Team* (Pistols)</b>	GIRLS* 3-4 yr. olds*. 55 min. 2x/wk. MANDATORY \$205.43/month W & F 2:30pm *Coach evaluation & invitation required* *leads to pre-team then a competitive track* Year-round commitment.
<b>Pre-team* (Hot Shots)</b>	GIRLS* 5-8 yr. olds*. 1hr.+25min. 2x/wk. MANDATORY \$259.36/month M & W 3:30pm *Coach evaluation & invitation required* *leads to a competitive track* Year-round commitment.
<b>JO L2-3 TEAM = COMPETITIVE TEAM USAG JO (JUNIOR OLYMPICS)*</b>	GIRLS 5+ yr. olds*. 5 hrs./wk. (2.5 hr. practice, 2x/wk.) MANDATORY \$374.16/month + season fees. T+TH-3:30p. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets. Junior Olympics level.
<b>XCEL BRONZE TEAM* = COMPETITIVE TEAM USAG XCEL*</b>	GIRLS*. 2 hrs.+50min. (1 hr.+25min. practice, 2x/wk.) MANDATORY \$259.35/month + season fees. 2 practices available: T-4:30p; TH-4:30p. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
<b>XCEL SILVER TEAM* = COMPETITIVE TEAM USAG XCEL*</b>	GIRLS*. 4 hrs./wk. (2 hr. practice 2x/wk.) MANDATORY \$299.10/month + season fees. T & TH-5:45p. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
<b>XCEL GOLD TEAM* = COMPETITIVE TEAM USAG XCEL*</b>	GIRLS*. 6 hrs./wk. (3 hr. practice 2x/wk.) MANDATORY; 9 hrs./wk. recommended; \$448.94/month + season fees. M+W@5:00p+F@4:30p. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
<b>XCEL PLATINUM &amp; DIAMOND TEAM* = COMPETITIVE TEAM USAG XCEL*</b>	GIRLS*. 9 hrs./wk. (3 hr. practice, 3x/wk.) MANDATORY \$613.86/month + season fees. M+W@5:00p+F@4:30p. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
<b>SUNDAY: TEAM PRACTICE = XCEL SILVER; GOLD; PLATINUM; DIAMOND COMPETITIVE TEAM USAG</b>	GIRLS*. 1 practice available 3-6pm Sun. (3 hrs.): Xcel Silver, Gold, Platinum, Diamond: \$259.35/month + season fees. *Coach evaluation & invitation required* Year-long commitment. Attends competitive meets.
<b>ADULT 'Fit-Nastics' GYM = CONDITIONING GYMNASTICS* Jan. 3 – Feb. 7, 2018.</b>	ADULTS & TEENS age 16+ co-ed. 1 hour. 6-wks. only* Jan. 3 – Feb. 7, 2018. Beginners welcome; some general athletic ability highly encouraged. \$60 for 6-wks. (\$10/class) or drop-ins \$15/class W-12:00p. Reg. fee waived (save \$45).
<b>TFHCC = gymnastics @ TFHCC (for TFHCC enrolled students only)</b>	2-5 year olds (Co-ed). 30-45 min. \$84.77/month 3 classes: T-9:00a; T-9:30a; T-10:25a. Must be currently enrolled in Tahoe Forest Hospital Children's Center preschool to attend this gymnastics class.

\*Coach evaluation required\* This weekly class schedule runs year-round (check website for current schedule/changes). Summer camps, private lessons, parties & apparel available. See [website](#).

**REGISTRATION FEE 2017/2018** \$45 first student; \$20 second student; n/c third+ students (max total \$65/family). Paid annually Sep–August.

**TUITION** auto-charged MONTHLY on/near the 25<sup>th</sup> of the month for next month. 30-days written notice stops enrollment. Tuition is a flat monthly charge. Holidays & # of classes per month variables have been factored into the amount. If 5 classes in a month, we do not increase tuition and if 3 classes in a month we do not reduce. Proration applied when enrollment changes mid-month (start/stop). Drop-ins +\$5 (space permitting).

**Ninja Dress Code:** Ninja Kids Uniform required. T-shirt & level wristbands red, blue or black (\$29.95+tax apparel charged to your account at time of registration). Any comfortable black shorts or easy to move in pants (no jeans, zippers, buttons).

**Holidays:** gym always closed these days: New Yrs. day, Memorial day, July 4, Labor Day, Thanksgiving+Fri (Black Fri), Christmas day.

**MAKE-UPS** when available, not guaranteed. Schedule ahead to ensure your spot. Make-ups never expire during enrollment (expire only when enrollment stops). Make-ups scheduled, then no-show, are deducted from make-up pool/spent/used (call/email ahead if you can't make it, otherwise you lose it).